

**Monroe Township  
Mill Lake & Woodland  
Elementary Breakfast Menu**

**October 2024**



**Meet Your Nutritious Friend:  
"Papa" Corn**

Monday	Tuesday	Wednesday	Thursday	Friday	Offered Daily
<p>HELP WANTED</p> <p>We are now taking applications for cafeteria substitutes. Please contact Cindy-Sue 732-521-6042 ext. 2042</p>	<p>1</p> <p>Strawberry Yogurt W/ Cheese Stick (D)</p> <p>Assorted Cereal Bars with Graham Crackers</p>	<p>2</p> <p>Chocolate Chip Muffin (WSDE)</p> <p>Assorted Cereal Bars with Graham Crackers</p>	<p>3</p> <p>Schools Closed</p> <p>Rosh Hashanah</p>	<p>4</p> <p>Schools Closed</p> <p>Rosh Hashanah</p>	<p><b>What is a Meal?</b></p> <p>Students must choose at least 3 of the 4 components available for the school breakfast price.</p> <ul style="list-style-type: none"> <li>- Choice of Whole Grain</li> <li>- Choice of Protein</li> <li>- Choice of Fruit</li> <li>- Choice of Milk</li> </ul> <p>A minimum ½ cup serving of fruit or vegetable must accompany a reimbursable breakfast.</p> <p><b>Whole Grain Cereal Bars (served with graham crackers)</b></p> <p>Cinnamon Toast Crunch, Trix, &amp; Cocoa Puffs</p> <p><b>Proteins</b></p> <p>Assorted Low Fat Yogurt, Cheese sticks</p> <p><b>Choice of Fruit</b></p> <p>Seasonal fresh fruits, canned fruit in light syrup, 100% fruit juice</p> <p><b>Choice of Milk</b></p> <p>1% white, fat-free white &amp; chocolate</p> <p><b>ALLERGEN KEY</b></p> <p>W- Wheat/Gluten S- Soy D - Dairy/Milk E- Eggs</p> <p>(V) Vegetarian These items do not contain meat, poultry, or seafood, but may contain dairy and/or egg</p>
<p>7</p> <p>Oatmeal Chocolate Chip Bar (WSDE)</p> <p>Assorted Cereal Bars with Graham Crackers</p>	<p>8</p> <p>Strawberry Poptart w/ Cheese Stick (WSD)</p> <p>Assorted Cereal Bars with Graham Crackers</p>	<p>9</p> <p>Chocolate Chip Muffin (WSDE)</p> <p>Assorted Cereal Bars with Graham Crackers</p>	<p>10</p> <p>Apple Cinnamon Bar (WSDE)</p> <p>Assorted Cereal Bars with Graham Crackers</p>	<p>11</p> <p>Strawberry Yogurt W/ Cheese Stick (D)</p> <p>Assorted Cereal Bars with Graham Crackers</p>	
<p>14</p> <p>Fudge Poptart w/ Cheese Stick (WSD)</p> <p>Assorted Cereal Bars with Graham Crackers</p>	<p>15</p> <p>Strawberry Yogurt W/ Cheese Stick (D)</p> <p>Assorted Cereal Bars with Graham Crackers</p>	<p>16</p> <p>Chocolate Chip Muffin (WSDE)</p> <p>Assorted Cereal Bars with Graham Crackers</p>	<p>17</p> <p>Mini Cinni Rolls (WD)</p> <p>Assorted Cereal Bars with Graham Crackers</p>	<p>18</p> <p>Strawberry Yogurt W/ Cheese Stick (D)</p> <p>Assorted Cereal Bars with Graham Crackers</p>	
<p>21</p> <p>Oatmeal Chocolate Chip Bar (WSDE)</p> <p>Assorted Cereal Bars with Graham Crackers</p>	<p>22</p> <p>Blueberry Yogurt w/ Cheese Stick (WD)</p> <p>Assorted Cereal Bars with Graham Crackers</p>	<p>23</p> <p>Chocolate Chip Muffin (WSDE)</p> <p>Assorted Cereal Bars with Graham Crackers</p>	<p>24</p> <p>Apple Cinnamon Bar (WSDE)</p> <p>Assorted Cereal Bars with Graham Crackers</p>	<p>25</p> <p>Strawberry Yogurt W/ Cheese Stick (D)</p> <p>Assorted Cereal Bars with Graham Crackers</p>	
<p>28</p> <p>Fudge Poptart w/ Cheese Stick (WSD)</p> <p>Assorted Cereal Bars with Graham Crackers</p>	<p>29</p> <p>Strawberry Yogurt W/ Cheese Stick (D)</p> <p>Assorted Cereal Bars with Graham Crackers</p>	<p>30</p> <p>Chocolate Chip Muffin (WSDE)</p> <p>Assorted Cereal Bars with Graham Crackers</p>	<p>31</p> <p>Mini Cinni Rolls (WD)</p> <p>Assorted Cereal Bars with Graham Crackers</p>		

**Cindy Sue Schaller, Food Service Director**  
732.521.6042 ext. 2042  
**Point of Sale Questions?**  
732.521.6042 ext. 2041  
On-line Prepayment system at: [www.myschoolbucks.com](http://www.myschoolbucks.com)

<b>Meal Prices</b>	
Student Breakfast	\$2.25
Free/Reduced Breakfast	\$0.00
Adult Breakfast	\$3.00



Menu subject to change due to product availability. This institution is an equal opportunity provider and employer.