MONROE TOWNSHIP ELEMENTARY BREAKFAST MENU

October 2026

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
HELP WANTED We are now accepting applications for cafeteria substitutes. Contact Cindy Sue Schaller 732-521-6042 Ext. 2042		*** Half Days * Breakfast is Served!**	1 Whole Grain Glazed Donut Sticks (WSDE) Assorted Cereals or Cereal Bars with Graham Crackers	2 Reduced Sugar Lucky Charms Cereal Bowl Assorted Cereals or Cereal Bars with Graham Crackers
5 Cinnamon Poptart w/ Cheese Stick (WSD) Assorted Cereals or Cereal Bars with Graham Crackers	6 Chocolate Chip Muffin (WSDE) Assorted Cereals or Cereal Bars with Graham Crackers	7 Reduced Sugar Cocoa Puffs (W) Assorted Cereals or Cereal Bars with Graham Crackers	8 Mini Cinni Rolls (W) Assorted Cereals or Cereal Bars with Graham Crackers	9 Reduced Sugar Lucky Charms Cereal Bowl Assorted Cereals or Cereal Bars with Graham Crackers
12 **Columbus/Indigenous People Day** **Staff in Service** **No School For Students**	13 Chocolate Chip Muffin (WSDE) Assorted Cereals or Cereal Bars with Graham Crackers	*14 Reduced Sugar Cinnamon Toast Crunch (WS) Assorted Cereals or Cereal Bars with Graham Crackers	*15 Whole Grain Glazed Donut Sticks (WSDE) Assorted Cereals or Cereal Bars with Graham Crackers	*16 Reduced Sugar Lucky Charms Cereal Bowl Assorted Cereals or Cereal Bars with Graham Crackers
19 Cinnamon Poptart w/ Cheese Stick (WSD) Assorted Cereals or Cereal Bars with Graham Crackers	20 Chocolate Chip Muffin (WSDE) Assorted Cereals or Cereal Bars with Graham Crackers	21 Reduced Sugar Cocoa Puffs (W) Assorted Cereals or Cereal Bars with Graham Crackers	22 Mini Cinni Rolls (W) Assorted Cereals or Cereal Bars with Graham Crackers	23 Reduced Sugar Lucky Charms Cereal Bowl Assorted Cereals or Cereal Bars with Graham Crackers
26 Strawberry Poptart w/ Cheese Stick (WSD) Assorted Cereals or Cereal Bars with Graham Crackers	27 Chocolate Chip Muffin (WSDE) Assorted Cereals or Cereal Bars with Graham Crackers	28 Reduced Sugar Cinnamon Toast Crunch (WS) Assorted Cereals or Cereal Bars with Graham Crackers	29 Whole Grain Glazed Donut Sticks (WSDE) Assorted Cereals or Cereal Bars with Graham Crackers	30 Reduced Sugar Lucky Charms Cereal Bowl Assorted Cereals or Cereal Bars with Graham Crackers

MAKE IT A MEAL!
Choose at least **3** of **4** meal components for the school breakfast price:
Whole Grain, Meat/Meal Alternative, Fruit/Vegetable, Milk

A minimum ½ cup serving of fruit or vegetable must accompany a breakfast.

Breakfast Prices
Student $2.30
Adult $3.40

Available Daily

Whole Grain Cereal Bars/Bowls
(served with graham crackers)
Cinnamon Toast Crunch, Trix & Cocoa Puffs

Choice of Fruit
Seasonal fresh fruits, canned fruit in light syrup, 100% fruit juice

Choice of Milk
1% white, fat-free white, fat-free chocolate

All Breakfast Items are Vegetarian
These items do not contain meat, poultry, or seafood, but may contain dairy and/or egg

ALLERGEN KEY
W- Wheat/Gluten
S- Soy
D - Dairy/Milk
E- Eggs

Cindy Sue Schaller Food Service Director
732.521.6042 ext. 2042
Cindy.Schaller@monroe.k12.nj.us

Menu subject to change due to product availability. This institution is an equal opportunity provider and employer.

Metz CULINARY MANAGEMENT ENVIRONMENTAL SERVICES