



Monday	Tuesday	Wednesday	Thursday	Friday	What is a Meal? Students must choose at least 3 of the 4 components available for the school breakfast price. - Choice of Whole Grain - Choice of Protein - Choice of Fruit or Vegetable - Choice of Milk A minimum ½ cup serving of fruit or vegetable must accompany a reimbursable breakfast. Whole Grain Cereal Bars/Bowls <i>(served with graham crackers)</i> Cinnamon Toast Crunch, Trix & Cocoa Puffs Choice of Fruit Seasonal fresh fruits, canned fruit in light syrup, 100% fruit juice Choice of Milk 1% white, fat-free white, fat-free chocolate ALLERGEN KEY W- Wheat/Gluten S- Soy D - Dairy/Milk E- Eggs All of our Breakfast Items are Vegetarian <i>These items do not contain meat, poultry, or seafood, but may contain dairy and/or egg</i>
HELP WANTED We are now taking applications for cafeteria substitutes Contact Cindy Sue 732-521-6042 Ext. 2042	Scan Here or Call to Apply Now 	1 Spring Break School's Closed	2 Spring Break School's Closed	3 Spring Break School's Closed	
6 Strawberry Poptart w/ Cheese Stick (WSD) Assorted Cereals or Cereal Bar with Graham Crackers	7 Reduced Sugar Trix Cereal Bowl Assorted Cereals or Cereal Bar with Graham Crackers	8 Chocolate Chip Muffin (WSDE) Assorted Cereals or Cereal Bar with Graham Crackers	9 Whole Grain Mini Powdered Donuts (WSDE) Assorted Cereals or Cereal Bar with Graham Crackers	10 Strawberry Yogurt w/ Cheese Stick (D) Assorted Cereals or Cereal Bar with Graham Crackers	
13 Fudge Poptart w/ Cheese Stick (WSD) Assorted Cereals or Cereal Bar with Graham Crackers	14 Reduced Sugar Cocoa Puffs (W) Assorted Cereals or Cereal Bar with Graham Crackers	15 Chocolate Chip Muffin (WSDE) Assorted Cereals or Cereal Bar with Graham Crackers	16 Mini Cinni Rolls (MW) Assorted Cereals or Cereal Bar with Graham Crackers	17 Strawberry Yogurt w/ Cheese Stick (D) Assorted Cereals or Cereal Bar with Graham Crackers	
20 Strawberry Poptart w/ Cheese Stick (WSD) Assorted Cereals or Cereal Bar with Graham Crackers	21 Reduced Sugar Trix Cereal Bowl Assorted Cereals or Cereal Bar with Graham Crackers	22 Chocolate Chip Muffin (WSDE) Assorted Cereals or Cereal Bar with Graham Crackers	23 Whole Grain Mini Powdered Donuts (WSDE) Assorted Cereals or Cereal Bar with Graham Crackers	24 Strawberry Yogurt w/ Cheese Stick (D) Assorted Cereals or Cereal Bar with Graham Crackers	
27 Cinnamon Poptart w/ Cheese Stick (WSD) Assorted Cereals or Cereal Bar with Graham Crackers	28 Reduced Sugar Cocoa Puffs (W) Assorted Cereals or Cereal Bar with Graham Crackers	29 Chocolate Chip Muffin (WSDE) Assorted Cereals or Cereal Bar with Graham Crackers	30 Mini Cinni Rolls (MW) Assorted Cereals or Cereal Bar with Graham Crackers		
Cindy Sue Schaller Food Service Director 732.521.6042 ext. 2042 Cindy.Schaller@monroe.k12.nj.us		Meal Prices Student Breakfast \$2.35 Reduced Breakfast \$0.00 Faculty Breakfast \$3.25			

Menu subject to change due to product availability. This institution is an equal opportunity provider and employer.

