



Middle School Student Paid Lunch is \$2.70
 Reduced Price Student Lunch \$0.00
 Adult Lunch OR Student Second Lunch \$3.75

Hot Off the Grill

Grilled Hamburger on a Whole Wheat Bun

Grilled Cheeseburger on a Whole Wheat Bun

Chicken Patty on a Whole Wheat Bun

Spicy Chicken Patty on a Whole Wheat Bun

 **Black Bean Burger** on a Whole Wheat Bun

 **Veggie Burger** on a Whole Wheat Bun

 **Mexicali Nachos & Cheese w/ Salsa**

TOP IT ALL OFF AT OUR J. CLARK'S FIXINS BAR



All student lunches include a trip to the Green Scene, where you may select from a choice of fresh and canned fruit, fresh side salads & vegetables. It's important to know that you must take a fruit or vegetable with lunch or be charged the more expensive ala carte price.

DAILY SPECIAL PANINI'S

Mon. BBQ Chicken Panini

Tues. Chicken Parmesan Panini

Wed. Buffalo Chicken Panini

Thurs. Chipotle Chicken Panini

Fri. Philly Style Cheesesteak Panini

WHAT'S IN A LUNCH?

You must choose at least 3 of the 5 components available for the School lunch price. One of the components must be a fruit or vegetable serving. (Listed Below)

WHAT'S A COMPONENT?

The 5 components are:

1. 2oz. Meat, Cheese or Meat Alternative (Beans or Yogurt)
2. 2oz. serving of bread, grain, pasta, pretzel rod, crust or rice.
3. (May take 1 or 2) ½ cup of canned or fresh fruit, ½ cup 100% juice.
4. (May 1 or 2) ½ Cup Vegetable, 1 Cup of Salad, Baby Carrots
5. A choice of milk. We offer 1% White, Skim, Fat Free Chocolate, Or Lactose Milk (upon request)


Homemade Soups COMING SOON!

 **VEGAN**

 **VEGETARIAN**

 **GLUTEN FREE ALTERNATE MAY BE AVAILABLE
 CONTACT THE FOOD SERVICE DIRECTOR**