



OCTOBER Monroe Township

2024 Elementary Schools

Student Lunch \$3.00
 Reduced Price Lunch \$0.00
 Second Student Lunch \$4.10
 Adult Lunch \$4.10
www.MySchoolBucks.com
 POS Questions?
 732-521-6042 Ext. 2041

VEGETARIAN OR VEGETARIAN
 OPTION FOR THIS MEAL





MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
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Local Pizzeria Pizza AG & OT - Tuesdays ML & WL - Tuesdays BB & BS - Wednesdays 	1 Chicken Patty  on a Whole Wheat Bun FEATURED VEGGIES: Steamed Carrots Green Scene Choice of Fruit & Milk	2 Half Day Rosh Hashanah	3 School Closed Rosh Hashanah	4 School Closed Rosh Hashanah
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Weekly Alternate:  Cinnamon Toast Crunch Cereal (Reduced Sugar) Graham Crackers, Low Fat Yogurt & Cheese stick  **Personal Pizza**



7 Chicken Nuggets Whole Grain Dinner Roll FEATURED VEGGIES: Baked French Fries Green Scene Choice of Fruit & Milk	8 Macaroni & Cheese  Buttermilk Biscuit FEATURED VEGGIES: Steamed Broccoli Green Scene Choice of Fruit & Milk	9 Mozzarella Sticks  W/ Marinara Sauce WW Italian Bread FEATURED VEGGIES: Sweet Peas Green Scene Choice of Fruit & Milk	10 Fiesta Tacos! W/ Turkey Taco Meat, Cheese & Salsa *Vegetarian Refried  Beans also available  FEATURED VEGGIE:  Baked Beans Choice of Fruit & Milk	11 Half Day Yom Kippur
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Weekly Alternate:  Bagel Bazaar Bagel W/ Low Fat Cream Cheese, Low Fat Yogurt & a Cheese Stick  **Personal Pizza**



14 Half Day Columbus Day	15 Cheeseburger (Beef) or Hamburger (Beef) on a Whole Wheat Bun FEATURED VEGGIES: Baked French Fries Green Scene Choice of Fruit & Milk	16 Half Day Parent Teacher Conference	17 Half Day Parent Teacher Conference	18 Half Day Parent Teacher Conference
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Weekly Alternate:  Cheesy Stuffed Bread Sticks with Marinara Dipping Sauce  **Personal Pizza**

21 Chicken Nuggets Whole Grain Dinner Roll FEATURED VEGGIES: Baked French Fries Green Scene Choice of Fruit & Milk	22 Macaroni & Cheese  Buttermilk Biscuit FEATURED VEGGIES: Sweet Peas Green Scene Choice of Fruit & Milk	23 Whole Wheat Pancakes w/ Sugar Free Syrup  Turkey Sausage FEATURED VEGGIES: Potato Hash Browns Green Scene Choice of Fruit & Milk	24 Sweet & Tangy Tangerine Chicken  Steamed Brown Rice FEATURED VEGGIES: Steamed Broccoli Choice of Green Scene Choice of Fruit & Milk	25 Big Daddy Pizza  FEATURED VEGGIES: Baked Beans Green Scene Choice of Fruit & Milk
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Weekly Alternate:  Bagel Bazaar Bagel W/ Low Fat Cream Cheese, Low Fat Yogurt & a Cheese Stick  **Personal Pizza**

28 Popcorn Chicken Whole Wheat Pretzel Rod FEATURED VEGGIES: Steamed Corn Green Scene Choice of Fruit & Milk	29 Toasted Cheese Sandwich  FEATURED VEGGIES: Tomato Soup Green Scene Choice of Fruit & Milk	30 Street Eats Mini Chicken Corn Dogs  FEATURED VEG: Smile Face Fries Green Scene Choice of Fruit & Milk	31 Happy Halloween! Cheesy Mozzarella Stuffed Bread Sticks  W/ Marinara dipping Sauce FEATURED VEGGIES:  Steamed Carrots Choice of Green Scene Choice of Fruit & Milk	A Complete Lunch Includes the Following Components: 1. Protein 2. Grain 3. Milk 4. Fruit 5. Vegetable <i>Federal Guidelines require students take 3 out of the 5 components and 1 MUST be a fruit or vegetable to qualify as a Lunch</i>
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Weekly Alternate:  Vanilla Yogurt Parfait with Strawberries & Granola  **Personal Pizza**