# MONROE TWP. ELEMENTARY LUNCH MENU

# October 2026

EAT SMART
BE SMART

| MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY |
|---|---|---|---|---|
| **HELP WANTED**<br>We are now accepting applications for cafeteria substitutes.<br>Contact Cindy Sue Schaller<br>732-521-6042 Ext. 2042 | **Local Pizzeria Pizza Every Tuesday!** | | 1<br>**Mozzarella Sticks**<br>w/ Italian Bread<br>Marinara Sauce<br>Green Beans<br>Green Scene | 2<br>**Big Daddy's Pizza**<br>Steamed Carrots<br>Green Scene |
| **Weekly Alternate: Bagel Craveable (V) Mini WG Bagel, LF Cream Cheese, Yogurt & Cheese Stick** | | | | **Personal Pizza** |
| 5<br>**Chicken Nuggets**<br>Whole Grain Dinner Roll<br>Baked French Fries<br>Green Scene | 6<br>**Hamburger/Cheeseburger**<br>On a Whole Wheat Bun<br>Baked Beans<br>Green Scene | 7<br>**Macaroni & Cheese**<br>Buttermilk Biscuit<br>Steamed Broccoli<br>Green Scene | 8<br>**Toasted Cheese Sandwich**<br>Tomato Soup<br>Green Scene | 9<br>**Big Daddy's Pizza**<br>Green Beans<br>Green Scene |
| **Weekly Alternate: Yogurt Craveable (V) LF Yogurt, Cheese Stick & WG Goldfish Crackers** | | | | **Personal Pizza** |
| 12<br>**Columbus/Indigenous People Day**<br>**Staff in Service**<br>**No School For Students** | 13<br>**Cheese Quesadilla**<br>w/ Salsa<br>Baked Beans<br>Green Scene | 14<br>**Parent Teacher Conferences**<br>**Half Day** | 15<br>**Parent Teacher Conferences**<br>**Half Day** | 16<br>**Parent Teacher Conferences**<br>**Half Day** |
| **Weekly Alternate: Cereal Craveable (V) Cinnamon Toast Crunch, LF Yogurt, Cheese Stick & WG Goldfish Crackers** | | | | **Personal Pizza** |
| 19<br>**Popcorn Chicken**<br>Soft Pretzel Rod<br>Steamed Corn<br>Green Scene | 20<br>**Chicken Patty**<br>On a Whole Wheat Bun<br>Baked Beans<br>Green Scene | 21<br>**Cheesy Stuffed Breadsticks**<br>w/ Marinara Sauce<br>Steamed Carrots<br>Green Scene | 22<br>**Whole Wheat Pancakes**<br>w/ Sugar Free Syrup<br>Turkey Sausage<br>Potato Triangles<br>Green Scene | 23<br>**Big Daddy's Pizza**<br>Steamed Broccoli<br>Green Scene |
| **Weekly Alternate: Bagel Craveable (V) Mini WG Bagel, LF Cream Cheese, Yogurt & Cheese Stick** | | | | **Personal Pizza** |
| 26<br>**Chicken Nuggets**<br>Whole Grain Dinner Roll<br>Steamed Corn<br>Green Scene | 27<br>**Toasted Cheese Sandwich**<br>Tomato Soup<br>Green Scene | ***STREET EATS***<br>28<br>***Wing It Wednesday***<br>**Boneless Chicken Wings**<br>w/ Dipping Sauces<br>Smile Face Fries<br>Green Scene | 29<br>**Crunchy or Soft Fiesta Tacos**<br>**w/ Beef Taco OR Refried Beans**<br>Baked Beans<br>Green Scene | 30<br>**Big Daddy's Pizza**<br>Steamed Broccoli<br>Green Scene |
| **Weekly Alternate: Muffin Craveable (V) WG Mini Muffin, LF Yogurt, Cheese Sick & WG Goldfish Crackers** | | | | **Personal Pizza** |

**MAKE IT A MEAL!**
Choose at least **3** of **5** meal components for the school lunch price:
Meat/Meat Alternative, Whole Grain, Fruit, Vegetable, Milk

A minimum ½ cup serving of fruit or vegetable must accompany a lunch.

**Lunch Prices**
**Student $3.30**
**2nd Lunch $4.50**
**Adult $4.50**

**Take a Trip to the Green Scene where you can find an assortment of fruit and vegetables.**

**Fruit & Veggie Selection**
Side salad, baby carrots, apples, oranges, 100% Fruit Juice & a variety of fruit cups. Students may choose two ½ cup servings.

**Milk Selection**
1% White, Skim & Non-Fat Chocolate

**Food Service Director**
Cindy Sue Schaller
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Menu subject to change due to product availability. This institution is an equal opportunity provider and employer.

Metz
CULINARY MANAGEMENT
ENVIRONMENTAL SERVICES