

# DECEMBER 2024 Monroe Township Middle School



Student Lunch	3.10
Reduced Price Lunch	0.00
Second Student Lunch	4.10
Adult Lunch	4.10

**POS Questions?**  
 732-521-6042 Ext. 2041  
 On-line prepayment system at:  
[www.myschoolbucks.com](http://www.myschoolbucks.com)



VEGETARIAN OR VEGETARIAN  
 OPTION FOR THIS MEAL

## Main Plate

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<p><b>A Complete Lunch Includes:</b></p> <ol style="list-style-type: none"> <li>Protein (Meat or Meat Alt.)</li> <li>Grain</li> <li>Milk</li> <li>Fruit</li> <li>Vegetable</li> </ol> <p><i>Federal Guidelines require students must take 3 out of the 5 components and 1 MUST be a fruit or veg. to qualify as a Lunch</i></p>		<p><b>Local Pizzeria Pizza Every Wednesday!</b></p> 	<p>Each Lunch includes a serving at the Green Scene, where you may take a side salad, fresh fruit &amp; veggies.</p>  <p><i>farm to table fare</i></p>	 <p><b>Funnel Cake Promotion!</b></p>
<p>2</p> <p><b>Chicken Tenders</b>                  Whole Grain Dinner Roll  <b>FEATURED VEGGIES:</b>                  Baked French Fries                  Green Scene                  Choice of Fruit &amp; Milk</p>	<p>3</p> <p><b>Mozzarella Sticks</b>                   W/ Marinara Sauce                  Italian Bread  <b>FEATURED VEGGIES:</b>                  Green Beans                  Green Scene                  Choice of Fruit &amp; Milk</p>	<p>4</p> <p><b>Cheese Quesadilla</b>                   W/ Salsa  <b>FEATURED VEGGIES:</b>                  Baked Beans                  Green Scene                  Choice of Fruit &amp; Milk</p>	<p>5</p> <p><b>Macaroni &amp; Cheese</b>                   Garlic Bread Stick  <b>FEATURED VEGGIES:</b>                  Steamed Broccoli                  Green Scene                  Choice of Fruit &amp; Milk</p>	<p>6</p> <p><b>Toasted Cheese Sandwich</b>   <b>FEATURED VEGGIES:</b>                  Tomato Soup                  Green Scene                  Choice of Fruit &amp; Milk</p>
<p>9</p> <p><b>Popcorn Chicken</b>                  Soft Pretzel Rod  <b>FEATURED VEGGIES:</b>                  Mashed Potatoes &amp; Gravy                  Green Scene                  Choice of Fruit &amp; Milk</p>	<p>10</p> <p><b>Breakfast For Lunch!</b>  <b>Whole Wheat Pancakes w/ Sugar Free Syrup</b>                  Turkey Sausage  <b>FEATURED VEGGIES:</b>                  Potato Triangles                   Green Scene                  Choice of Fruit &amp; Milk</p>	<p>11</p> <p><b>Sweet Baby Ray's BBQ Chicken</b>                   Buttermilk Biscuit  <b>FEATURED VEGGIES:</b>                  Steamed Corn                  Green Scene                  Choice of Fruit &amp; Milk</p>	<p>12</p> <p><b>General Tso Chicken</b>                  Brown Rice  <b>FEATURED VEGGIES:</b>                  Steamed Broccoli                   Green Scene                  Choice of Fruit &amp; Milk</p>	<p>13</p> <p><b>Cheesy Mozzarella Stuffed Bread Sticks</b>                   W/ Marinara dipping Sauce  <b>FEATURED VEGGIES:</b>                  Steamed Broccoli                  Choice of Green Scene                  Choice of Fruit &amp; Milk</p>
<p>16</p> <p><b>Chicken &amp; Waffles!</b>  <b>Chicken Tenders &amp; a Belgium Waffle Sticks</b>                  Sugar Free Syrup  <b>FEATURED VEGGIES:</b>                  Potato Triangles                  Green Scene                  Choice of Fruit &amp; Milk</p>	<p>17</p> <p><b>TACO TUESDAY!</b>  <b>Crunchy or Soft Shell Fiesta Tacos</b>                  *Vegetarian Refried Beans also available   <b>FEATURED VEGGIES:</b>                  Baked Beans                  Green Scene                  Choice of Fruit &amp; Milk</p>	<p>18</p> <p><b>Toasted Cheese Sandwich</b>   <b>FEATURED VEGGIES:</b>                  Tomato Soup                  Green Scene                  Choice of Fruit &amp; Milk</p>	<p>19</p> <p><b>Mozzarella Sticks</b>                   W/ Marinara Sauce                  Italian Bread  <b>FEATURED VEGGIES:</b>                  Green Beans                  Green Scene                  Choice of Fruit &amp; Milk</p>	<p>20</p> <p><b>Half Day</b></p> 
<p>23</p>	<p>24</p>	<p>25</p>	<p>26</p>	<p>27</p>
 <p><b>Winter Recess - No School</b></p>				

This institution is an equal opportunity provider.