

March 2024

Monroe Township

Elementary Schools





FRIDAY

French Bread Pizza

FEATURED VEGGIES:

Choice of Green Scene

Choice of Fruit & Milk



POS QUESTIONS? MONDAY

VEGETARIAN

732-521-6042 Ext. 2041

TUESDAY A CAMPAIGN BY THE ACADEMY OF NUTRITION AND DIETETICS

WEDNESDAY

Pizzeria Pizza! AG & OT - Tuesdays ML & WL - Tuesdays BB & BS - Wednesdays



A Complete Lunch Includes the Following Components:

THURSDAY

Fruit & Vegetable Federal Guidelines require students take 3 of the 5 components 1 of which must be a fruit or vegetable.

Protein, Grain, Milk,

V Personal Pizza

Sweet Peas

Alternate: Hamburger (BEEF) or Cheeseburger (BEEF) on a Whole Wheat Bun

Popcorn Chicken

Soft Pretzel Rod FEATURED VEGGIES: Mixed Vegetables Choice of Green Scene Choice of Fruit & Milk

Mozzarella Sticks

Ttalian Bread W/ Marinara dipping Sauce FEATURED VEGGIES: Green Beans Choice of Green Scene Choice of Fruit & Milk

Loaded Tater Tot Nachos

topped with Beef Taco Meat OR Vegetarian Beans, Cheese & Salsa FEATURED VEGGIES: Steamed Corn

Choice of Green Scene Choice of Fruit & Milk

Mini Eggo Pancakes 7 W/ Sugar Free Syrup & Blueberries Turkey Sausage

FEATURED VEGGIES: Potato Triangles Choice of Green Scene Choice of Fruit & Milk

Big Daddy Pizza 🔻 FEATURED VEGGIES: Baked Beans

Choice of Green Scene Choice of Fruit & Milk

Alternate: V Bagel Bazaar Bagel W/LF Cream Cheese & LF Yogurt & Cheese Stick

Chicken Nuggets

Whole Grain Dinner Roll

FEATURED VEGGIES:

Choice of Green Scene

Choice of Fruit & Milk

Baked French Fries

Fiesta Burrito Bowl 12 Rice, Turkey Taco Meat OR Black Beans. Cheddar Cheese & Salsa FEATURED VEGGIES: Steamed Corn Choice of Green Scene

Choice of Fruit & Milk

WAFFLE WEDNESDAY! 13 Belgian Waffle Sticks W/ Sugar Free Syrup & Strawberries V Turkey Sausage FEATURED VEGGIES:

Potato Triangles Choice of Green Scene Macaroni & Cheese V Buttermilk Biscuit FEATURED VEGGIES: Steamed Broccoli Choice of Green Scene

Choice of Fruit & Milk

HALF DAY

15

V Personal Pizza

14



Alternate: Chicken Patty on a WW Bun

Popcorn Chicken

Soft Pretzel Rod FEATURED VEGGIES: Steamed Corn Choice of Green Scene Choice of Fruit & Milk

Mozzarella Sticks

Italian Bread W/ Marinara dipping Sauce FEATURED VEGGIES: Green Beans

Choice of Green Scene Choice of Fruit & Milk

Sweet & Tangy Tangerine Chicken Steamed Brown Rice 🍱 FEATURED VEGGIES: Steamed Broccoli Choice of Green Scene Choice of Fruit & Milk

20

Pancakes W/ Syrup & Strawberries

Turkey Sausage FEATURED VEGGIES: Potato Triangles Choice of Green Scene Choice of Fruit & Milk

Personal Pizza

French Bread Pizza FEATURED VEGGIES: Sweet Peas

Choice of Green Scene Choice of Fruit & Milk

Alternate: V Bagel Bazaar Bagel W/LF Cream Cheese & LF Yogurt & Cheese Stick

19

V Personal Pizza

Chicken Nuggets

Whole Grain Dinner Roll FEATURED VEGGIES: Smile Face Fries Choice of Green Scene Choice of Fruit & Milk

26 Toasted Cheese Sandwich W

FEATURED VEGGIES:

Tomato Soup Choice of Green Scene Choice of Fruit & Milk

Crunchy or Soft Shell Turkey Tacos *Vegetarian Refried 🕷 Beans also available 🔻 Baked Beans

FEATURED VEGGIES: Choice of Green Scene Choice of Fruit & Milk

Sticks & Stones! 28 Mozzarella Sticks & Breaded Ravioli Combo W/ Marinara Sauce 🚺

FEATURED VEGGIES: Sweet Peas

Green Scene Choice of Fruit & Milk

29

Schools Closed

Alternate: Hamburger (BEEF) or Cheeseburger (BEEF) on a Whole Wheat Bun

V Personal Pizza

This institution is an equal opportunity provider

MENU SUBJECT TO CHANGE