



OCTOBER Monroe Township

2022 Elementary Schools

Student Lunch \$2.55
 Reduced Price Lunch \$0.00
 Second Student Lunch \$3.50
 Adult Lunch \$3.50
www.MySchoolBucks.com
 POS Questions?
 732-521-6042 Ext. 2041

VEGETARIAN OR VEGETARIAN
 OPTION FOR THIS MEAL



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
3 Chicken Nuggets Whole Grain Dinner Roll FEATURED VEGGIES: Steamed Corn Green Scene Choice of Fruit & Milk	4 Half Day	5 Schools Closed Yom Kippur	6 Egg & Cheese Sandwich on Croissant FEATURED VEGGIES: Potato Triangles Green Scene Choice of Fruit & Milk	7 STICKER DAY !! Big Daddy Pizza FEATURED VEGGIES: Tossed Salad Green Scene Choice of Fruit & Milk
Weekly Alternate: <i>WG, Reduced Sugar Cinnamon Toast Crunch, LF Yogurt, Cheese Stick & Graham Crackers</i>				Personal Pizza
10 Schools Closed Columbus Day	11 Mozzarella Sticks W/ Marinara Sauce WW Italian Bread FEATURED VEGGIES: Carrot Coins Green Scene Choice of Fruit & Milk	12 Whole Wheat Pancakes w/ Sugar Free Syrup Turkey Sausage FEATURED VEGGIES: Potato Triangles Green Scene Choice of Fruit & Milk	13 NEW Boneless Chicken Wings Whole Grain Dinner Roll FEATURED VEGGIES: Baked Beans Green Scene Choice of Fruit & Milk	14 STICKER DAY !! Big Daddy's Pizza FEATURED VEGGIES: Tossed Salad Green Scene Choice of Fruit & Milk
Weekly Alternate: <i>Bagel Bazaar Bagel W/ Cream Cheese, LF Yogurt & Cheese Stick</i>				Personal Pizza
17 Popcorn Chicken Whole Wheat Pretzel Rod FEATURED VEGGIES: Green Beans Green Scene Choice of Fruit & Milk	18 Cheeseburger (Beef) or Hamburger (Beef) on a Whole Wheat Bun FEATURED VEGGIES: Baked French Fries Green Scene Choice of Fruit & Milk	19 Half Day Parent Teacher Conferences	20 Half Day Parent Teacher Conferences	21 Half Day
Weekly Alternate: <i>WG, Reduced Sugar Cinnamon Toast Crunch, LF Yogurt, Cheese Stick & Graham Crackers</i>				Personal Pizza
24 Schools Closed Diwali Staff Full Day In-Service	25 Mozzarella Sticks W/ Marinara Sauce WW Italian Bread FEATURED VEGGIES: Green Beans Green Scene Choice of Fruit & Milk	26 Nachos Grande W/ Turkey Taco Meat, Cheese & Salsa *Vegetarian Refried Beans also available FEATURED VEGGIES: Baked Beans Choice of Fruit & Milk	27 Toasted Cheese Sandwich FEATURED VEGGIES: Tomato Soup Green Scene Choice of Fruit & Milk	28 Big Daddy Pizza FEATURED VEGGIES: Tossed Salad Green Scene Choice of Fruit & Milk
Weekly Alternate: <i>Hamburger or Cheeseburger (Beef) on a Whole Wheat Bun</i>				Personal Pizza
Chicken Nuggets Pumpkin Sugar Cookie FEATURED VEGGIES: Carrot Coins Green Scene Choice of Fruit & Milk	A Complete Lunch Includes the Following Components: 1. Protein (Meat or Meat Alt.) 2. Grain 3. Milk 4. Fruit 5. Vegetable <i>Federal Guidelines require students take 3 out of the 5 components and 1 MUST be a fruit or vegetable to qualify as a Lunch</i>		Help Wanted: We are now accepting applications for cafeteria substitutes. Contact Cindy Sue 732-521-6042 ext. 2042	 October is National Pizza Month! Have a chance to win prizes every Friday with the purchase of Big Daddy Pizza!
Weekly Alternate: <i>Bagel Bazaar Bagel W/ Cheese Sticks, LF Yogurt & Cheese Stick</i>				Personal Pizza

This institution is an equal opportunity provider

MENU SUBJECT TO CHANGE