



Student Paid Lunch \$2.75
Reduced Price Lunch \$ 0.00
Second Student Lunch \$3.75
Adult Lunch \$3.75

POS Questions?
732-521-6042 Ext. 2041
On-line Prepayment
www.myschoolbucks.com

Monroe Township High School January 2024

VEGETARIAN OR VEGETARIAN
OPTION FOR THIS MEAL

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<p>1</p>  <p>Fresh & Local Pizzeria Pizza Every Monday!</p>	<p>2</p> <p>Breaded Cheese Ravioli With a Creamy Pink Sauce Garlic Bread Stick  FEATURED VEGGIES: Steamed Broccoli Green Scene Choice of Fruit & Milk</p>	<p>3</p> <p>Soft or Crunchy Turkey Tacos  *Vegetarian Refried Beans available FEATURED VEGGIES: Baked Beans Green Scene Choice of Fruit & Milk </p>	<p>4</p> <p>Popcorn Chicken Mashed Potato Bowl Whole Grain Dinner Roll FEATURED VEGGIES: Steamed Corn Green Scene Choice of Fruit & Milk</p>	<p>5</p> <p>Cheesy Stuffed Bread Sticks  w/ Marinara Dipping Sauce FEATURED VEGGIES: Steamed Carrots Green Scene Choice of Fruit & Milk</p>
<p>8</p> <p>Macaroni & Cheese  Buttermilk Biscuit FEATURED VEGGIES: Sweet Peas Green Scene Choice of Fruit & Milk</p>	<p>9</p> <p>General Tso Chicken Brown Rice FEATURED VEGGIES: Steamed Broccoli Green Scene Choice of Fruit & Milk </p>	<p>10</p> <p>Breakfast Burrito Ham Egg & Cheese OR Egg & Cheese Burrito Potato Triangles  FEATURED VEGGIES: Steamed Carrots Green Scene Choice of Fruit & Milk</p>	<p>11</p> <p>Cheese Quesadilla  W/ Salsa FEATURED VEGGIES: Refried Beans Green Scene Choice of Fruit & Milk</p>	<p>12</p> <p>HALF DAY STAFF-IN-SERVICE</p>
<p>15</p>  <p>MLK Day Schools Closed</p>	<p>16</p> <p>Mozzarella Sticks  Italian Bread FEATURED VEGGIES: Mixed Vegetables Green Scene Choice of Fruit & Milk</p>	<p>17</p> <p>Chef's Special Chicken & Cheese Quesadilla FEATURED VEGGIES: BBQ Baked Beans Green Scene Choice of Fruit & Milk</p>	<p>18</p> <p>Spaghetti w/ Meatballs *Vegetarian option available Italian Bread  FEATURED VEGGIES: Mixed Vegetables Green Scene Choice of Fruit & Milk</p>	<p>19</p> <p>Toasted Cheese Sandwich & Tomato Soup  FEATURED VEGGIES: Steamed Carrots Green Scene Choice of Fruit & Milk</p>
<p>22</p> <p>NEW! Tater Tot Nachos  Loaded Tater Tot Fries Topped with Taco Meat OR Black Beans, Cheese & Salsa FEATURED VEGGIES: Steamed Corn Green Scene Choice of Fruit & Milk</p>	<p>23</p> <p>NEW! Sweet & Tangy Tangerine Chicken Brown Rice FEATURED VEGGIES: Steamed Broccoli Green Scene Choice of Fruit & Milk</p>	<p>24</p> <p>Cheese Quesadilla  W/ Salsa FEATURED VEGGIES: Refried Beans Green Scene Choice of Fruit & Milk</p>	<p>25</p> <p>Macaroni & Cheese  Buttermilk Biscuit FEATURED VEGGIES: Sweet Peas Green Scene Choice of Fruit & Milk</p>	<p>26</p> <p>The Monroe "Boli" Choice of Pepperoni & Cheese Stromboli OR Roasted Vegetable  Cheese Stromboli FEATURED VEGGIES: Mixed Veggies Choice of Green Scene Choice of Fruit & Milk</p>
<p>29</p> <p> Sweet Baby Rays BBQ Chicken w/ Baked French Fries Buttermilk Biscuit FEATURED VEGGIES: Steamed Corn Green Scene Choice of Fruit & Milk</p>	<p>30</p> <p>NEW! Taco Tuesday!!! Fritos(TM) Walking Taco Beef Taco Meat OR Vegetarian Refried Beans Salsa & Cheddar Cheese  FEATURED VEGGIES: Baked Beans Green Scene Choice of Fruit & Milk</p>	<p>31</p> <p>Mozzarella Sticks  Italian Bread FEATURED VEGGIES: Mixed Vegetables Green Scene Choice of Fruit & Milk</p>	<p>A Complete Lunch Includes the Following Components:</p> <ol style="list-style-type: none"> 1. Protein (Meat or Meat Alt.) 2. Grain 3. Milk 4. Fruit 5. Vegetable <p>Federal Guidelines require students must take 3 out of the 5 components and 1 MUST be a fruit or vegetable to qualify as a lunch</p>	

This institution is an equal opportunity provider