

ENTRÉE

Student Paid Lunch \$2.65
Reduced Price Lunch \$ 0.00
Second Student Lunch \$3.50
Adult Lunch \$3.50

POS Questions?
732-521-6042 Ext. 2041
On-line Prepayment
www.myschoolbucks.com

Monroe Township High School March 2023

VEGETARIAN OR VEGETARIAN
OPTION FOR THIS MEAL

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<p>Fresh & Local Pizzeria Pizza Every Monday!</p> 	<p>A Complete Lunch Includes the Following Components: Protein (Meat or Meat Alt.), Grain, Milk, Fruit, Vegetable <i>Federal Guidelines require students must take 3 out of the 5 components and 1 MUST be a fruit or vegetable to qualify as a lunch</i></p>	<p>Cheese Quesadilla  W/ Salsa FEATURED VEGGIES: Baked Beans Green Scene Choice of Fruit & Milk</p>	<p>Hot Ham & Cheese on a Bagel  FEATURED VEGGIES: Sweet Peas Choice of Green Scene Choice of Fruit & Milk</p>	<p>Breaded Cheese Ravioli w/ Marinara Dipping Sauce  FEATURED VEGGIES: Steamed Carrots Green Scene Choice of Fruit & Milk</p>
<p>6 Chicken Nuggets Soft Pretzel Rod FEATURED VEGGIES: Vegetable Normandy Soup Du Jour Green Scene Choice of Fruit & Milk</p>	<p>7 BREAKFAST FOR LUNCH Breakfast Sandwich W/ Potato Triangles  <i>Turkey Sausage Egg & Cheese OR Egg & Cheese on an English Muffin</i> FEATURED VEGGIES: Steamed Corn  Green Scene Choice of Fruit & Milk</p>	<p>8 Soft or Crunchy Fiesta Beef Tacos  *Vegetarian Refried Beans available FEATURED VEGGIES: Baked Beans  Green Scene Choice of Fruit & Milk</p>	<p>9 Toasted Cheese Sandwich & Tomato Soup  FEATURED VEGGIES: Steamed Carrots Green Scene Choice of Fruit & Milk</p>	<p>10 BREAKFAST FOR LUNCH Breakfast Burrito w/ Eggs & Cheese & Potato Triangles  FEATURED VEGGIES: Green Beans Green Scene Choice of Fruit & Milk</p>
<p>Celebrating National School Breakfast Week March 6-10</p>				
<p>13 Cheese Tortellini in a Creamy Alfredo Sauce  FEATURED VEGGIES: Sweet Peas Soup Du Jour Choice of Green Scene Choice of Fruit & Milk</p>	<p>14 General Tso Chicken Brown Rice FEATURED VEGGIES: Steamed Broccoli  Green Scene Choice of Fruit & Milk</p>	<p>15 Mozzarella Sticks  Italian Bread FEATURED VEGGIES: Carrot Coins Green Scene Choice of Fruit & Milk</p>	<p>16 Popcorn Chicken Mashed Potato Bowl Topped w/ Cheddar Cheese Dinner Roll FEATURED VEGGIES: Steamed Corn Green Scene Choice of Fruit & Milk</p>	<p>17 HALF DAY </p>
<p>NEW 20 Chicken OR Chickpea Tikka Masala Brown Rice FEATURED VEGGIES: Sweet Peas Soup Du Jour Green Scene Choice of Fruit & Milk</p>	<p>21 Zoodle Pesto Pasta w/ Roasted Tomatoes & Diced Chicken <i>Vegetarian Option Available</i> Garlic Bread Stick  FEATURED VEGGIES: Mixed Veggies Green Scene Choice of Fruit & Milk</p>	<p>22 Soft or Crunchy Fiesta Turkey Tacos  *Vegetarian Refried Beans available FEATURED VEGGIES: Baked Beans  Green Scene Choice of Fruit & Milk</p>	<p>23 Mini Chicken Corn Dogs w/ Potato Triangles FEATURED VEGGIES: Steamed Corn  Green Scene Choice of Fruit Choice of Milk</p>	<p>24 Macaroni & Cheese  Buttermilk Biscuit FEATURED VEGGIES: Vegetable Normandy Choice of Green Scene Choice of Fruit & Milk</p>
<p>27 Cheese Quesadilla  W/ Salsa FEATURED VEGGIES: Baked Beans Soup Du Jour Green Scene Choice of Fruit & Milk</p>	<p>28 General Tso Chicken Brown Rice FEATURED VEGGIES: Steamed Broccoli  Green Scene Choice of Fruit & Milk</p>	<p>29 WILD WING Wednesday Boneless Buffalo Chicken Wings  w/ Waffle French Fries WW Dinner Roll FEATURED VEGGIES: Steamed Corn Green Scene Choice of Fruit & Milk</p>	<p>30 BREAKFAST FOR LUNCH Monroe Muffin Sandwich w/ Potato Triangles <i>Ham Egg & Cheese OR Egg & Cheese on an English Muffin</i> FEATURED VEGGIES: Steamed Corn  Green Scene Choice of Fruit & Milk</p>	<p>31 Cheesy Baked Ziti  Garlic Bread Stick FEATURED VEGGIES: Green Beans Green Scene Choice of Fruit & Milk</p>