



May Monroe Township 2022 Middle School

Main Plate

Meal Free to All Students

Second Student Lunch 3.30
Adult Lunch 3.30

POS Questions?

732-521-6042 Ext. 2041
www.myschoolbucks.com

VEGETARIAN OR VEGETARIAN
OPTION FOR THIS MEAL

Local Pizzeria Pizza on Mondays!

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<p>2</p> <p>Mozzarella Sticks w/ Marinara Sauce Dinner Roll Vegetable & Fruit Choice of Milk</p>	<p>3</p> <p>Chicken Tenders w/ Dinner Roll & Sweet Potato French Fries Vegetable & Fruit Choice of Milk</p>	<p>4</p> <p>Cheese Baked Ziti w/ Dinner Roll Vegetable & Fruit Choice of Milk</p>	<p>5</p> <p>Cheese Quesadilla w/ Salsa Cilantro Lime Rice Vegetable & Fruit Choice of Milk</p> 	<p>6</p> <p>Toasted Cheese Sandwich w/ Tomato Soup Vegetable & Fruit Choice of Milk</p>
<p>9</p> <p>Cheese Ravioli in Pink Sauce w/ Dinner Roll Vegetable & Fruit Choice of Milk</p>	<p>10</p> <p>Popcorn Chicken w/ Dinner Roll & French Fries Vegetable & Fruit Choice of Milk</p>	<p>11</p> <p>Crunchy or Soft Shell Fiesta Tacos & Salsa *Vegetarian Refried Beans also available Vegetable & Fruit Choice of Milk</p>	<p>12</p> <p>Mini Chicken Corndogs w/ Sweet Potato Fries Vegetable & Fruit Choice of Milk</p>	<p>13</p> <p>½ Day of School</p>
<p>16</p> <p>Toasted Cheese Sandwich w/ Tomato Soup Vegetable & Fruit Choice of Milk</p>	<p>17</p> <p>Chicken & Waffles! Chicken Tenders w/ Waffle, Syrup, & Strawberries Hash Browns Vegetable & Fruit Choice of Milk</p>	<p>18</p> <p>Crunchy or Soft Shell Chicken Fajita *Vegetarian Refried Beans also available Vegetable & Fruit Choice of Milk</p>	<p>19</p> <p>Mozzarella Sticks w/ Marinara Sauce w/ Dinner Roll Vegetable & Fruit Choice of Milk</p>	<p>20</p> <p>General Tso's Chicken w/ Brown Rice Broccoli Vegetable & Fruit Choice of Milk</p>
<p>23</p> <p>Macaroni & Cheese w/ Dinner Roll Vegetable & Fruit Choice of Milk</p>	<p>24</p> <p>Popcorn Chicken w/ Dinner Roll & French Fries Vegetable & Fruit Choice of Milk</p>	<p>25</p> <p>Crunchy or Soft Shell Fiesta Tacos & Salsa *Vegetarian Refried Beans also available Vegetable & Fruit Choice of Milk</p>	<p>26</p> <p>Egg & Cheese on a Croissant Dinner Roll Vegetable & Fruit Choice of Milk</p>	<p>27</p> <p>School's Closed</p>
<p>30</p> <p>memorial DAY</p> <p>Help Wanted We are now accepting applications for cafeteria substitutes. Please contact Cindy Sue 732-521-6042 Ext. 2042</p>	<p>31</p> <p>Chicken Tenders w/ Dinner Roll & French Fries Vegetable & Fruit Choice of Milk</p> <p>-Salads made to order:</p> <p>-Grilled Chicken Caesar Salad</p> <p>-Chickpea Salad (over mixed greens)</p>	<p>Daily Alternate Meals:</p> <p>-Bagel Lunch w/ Cheese Sticks </p> <p>-Chicken Filet Sandwich -Spicy Chicken Filet Sandwich</p> <p>-Cold Deli Sandwiches -Pizza Burgers/Cheeseburgers</p>	<p>Cold Deli Sandwiches offered Daily:</p> <p>-Turkey & Cheese Sub -Buffalo Chicken Wrap -Chickpea Salad on a Kaiser Roll -Chicken Caesar Wrap</p> 	<p>A complete lunch includes: Entrée (w/ protein/grain), students must select at least a serving of Fruit/Vegetable, Choice of Milk</p> <p>Menu Subject to Change</p> <p>This institution is an equal opportunity Provider.</p>