

VEGETABLES

Monroe Township Board of Education

Allergens & Food Sensitivity

Page 1

Feb 16, 2018

Rec. #	Description	Milk	Egg	Peanut	Tree Nut	Fish	Shellfish	Soy	Wheat
000603	Asian Vegetable	NO	NO	NO	NO	NO	NO	NO	NO
000249	Baked Beans	NO	NO	NO	NO	NO	NO	NO	NO
000434	Broccoli: Steamed	NO	NO	NO	NO	NO	NO	NO	NO
000130	Carrots, Baby Raw	NO	NO	NO	NO	NO	NO	NO	NO
000260	Carrots: canned, cooked	NO	NO	NO	NO	NO	NO	NO	NO
000261	Carrots: frozen	NO	NO	NO	NO	NO	NO	NO	NO
000270	Corn: canned, yellow	NO	NO	NO	NO	NO	NO	NO	NO
000271	Corn: frozen, yellow	NO	NO	NO	NO	NO	NO	NO	NO
000487	French Fries Tator Pals	NO	NO	NO	NO	NO	NO	NO	NO
000608	Green Beans W/ Tomato	NO	NO	NO	NO	NO	NO	NO	NO
000424	Green Beans: canned,cooked	NO	NO	NO	NO	NO	NO	NO	NO
000426	Green Beans: frozen	NO	NO	NO	NO	NO	NO	NO	NO
000452	Hash Browns	NO	NO	NO	NO	NO	NO	NO	NO
000418	Mashed Potatoes W/ Gravy	YES	NO	NO	NO	NO	NO	YES	YES
000565	Peas, Canned	NO	NO	NO	NO	NO	NO	NO	NO
000040	Peas: frozen,boiled	NO	NO	NO	NO	NO	NO	NO	NO
000410	Potato Triangles	NO	NO	NO	NO	NO	NO	NO	NO
000473	Refried Beans, Can	NO	NO	NO	NO	NO	NO	NO	NO
000443	Salad Mesclun	NO	NO	NO	NO	NO	NO	NO	NO
000139	Salad Romaine Salad Mix	NO	NO	NO	NO	NO	NO	NO	NO
000442	Salad Spinach	NO	NO	NO	NO	NO	NO	NO	NO
000141	Salad Tossed: no dressing	NO	NO	NO	NO	NO	NO	NO	NO
000609	Sweet Potato Fries	NO	NO	NO	NO	NO	NO	YES	NO
000445	Sweet Potatoes, Orange Glazed	NO	NO	NO	NO	NO	NO	NO	NO
000073	Tomato Soup	NO	NO	NO	NO	NO	NO	NO	YES
000440	Vegetable Normany	NO	NO	NO	NO	NO	NO	NO	NO
000441	Waxed Beans Frz.	NO	NO	NO	NO	NO	NO	NO	NO

NOTICE: The data contained within this report and the NUTRIKIDS® Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning for or treating medical conditions.